

Activity Centre Weekly Schedule 2019

| | Mon | | | Tue | | Wed | | Thu | | Fri | |
|---------|-----------------------|---------------------------|--|-------------------------|--|------------------------|----------------------|-----------------------|--|---------------------------------|--|
| 9.00am | | | | | | | | | | | |
| 10.00am | On Site Baking Group | | | Off Site Walking Group | | | Foodshare Collection | | | Off Site Dog Walking SPCA | |
| 11.00am | | On Site Card making Group | | | | Foodshare Packing | | | | | |
| | | | | | | | | | | | |
| 12.00pm | | | | | | | Foodshare Deliveries | Off Site Soccer Group | | | |
| 1.00pm | On Site Cooking Group | | | On Site Gardening Group | | On Site Woodwork Group | | | | Radio Show Planning & Live *Alt | |
| 2.00pm | | | | | | | | | | | |
| 3.00pm | | | | | | | | | | | |

*Alt – Alternate weeks

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| Baking Group | Learn to bake at the Activities Centre while contributing to the community (The Night Shelter benefits from our baking.) |
| Cooking Group | Learn to cook at the Activities Centre and enjoy a delicious meal you have cooked for yourself. |
| Foodshare | Pick up, pack up and deliver food share parcels for those in need in the local community. |
| Card Making | Learn to make beautiful cards at the Activity Centre. |
| Walking Group | Join the community based walking group, keep fit and meet new people. |

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| Woodwork Group | Learn wood working skills, while making interesting projects at the Activity Centre. |
| Radio Show | Plan and air a live Radio Show on Otago Access Radio, planning alternates weeks with live shows. |
| Gardening Group | This is a group where we have a quick planning meeting and then go outdoors to implement the plans. |
| Friday Group Outing | After a coffee, a consensus is reached as to where to go for Fridays outing . |
| Dog Walking (SPCA) | Join the volunteers for the SPCA dog walking squad. |
| Soccer Group | Join a team of clients for a social game of soccer to increase fitness, skills and knowledge of the game |

If there is any activity that you are interested in, please give Mike a call on 455-9766 or Diane on 455-5973.

Most activities are free, be sure to check before you sign up for one.