



ARE YOU SUPPORTING A LOVED ONE WITH MENTAL HEALTH CHALLENGES OR ADDICTION ISSUES?

Able Minds' Dunedin Education & Support Group is a FREE and confidential gathering where whānau can share their experience, hear from experts in the field, gain support from one another and form networks in a safe, caring space.

Complimentary refreshments included.
All welcome!

**With
regular
guest
speakers**



Second Thursday of every
second month
6.30pm - 8.30pm



For more information :
sue@able.org.nz 021 221 4477

